



Blue Ash Blue Fins  
Summer Swim Team

# Parent Manual 2011 Season

## **MISSION STATEMENT**

Our goal is to provide a FUN environment to teach, develop good technique and motivate swimmers to do their personal best. The team focus will be to encourage one another through good sportsmanship and team spirit.

### Prerequisites:

Swimmers must be comfortable jumping into and swimming in deep water. Able to swim 25 meters freestyle within the first two weeks of practice.

### Age Requirements:

Swimmers must be the specified age of their group by June 1, 2010:

5 & 6 year olds

7 & 8 year olds

9 & 10 year olds

11 & 12 year olds

13 & 14 year olds

15 and up

## **CONTACT INFORMATION**

If you have questions regarding the swim team, please contact a member of the parent board:

Mitch Cooke, President

[macooke@fuse.net](mailto:macooke@fuse.net)

Vice President - Open

Tammy Fales, Secretary

[hartfales@yahoo.com](mailto:hartfales@yahoo.com)

Carrie Fritz, Treasurer

[sfritzc@aol.com](mailto:sfritzc@aol.com)

## **TEAM RULES**

### *BASICS*

Swimmers are expected to attend a minimum of 3 weekly practices.

Practices are 5 days a week, and we encourage you to attend all, it only helps improve your skills. A practice schedule will be included.

Inform coaches of availability for swim meets through the INTENTIONS FORM (See attachments at back of packet).

### *ENCOURAGEMENT*

Encourage your swimmer to do their best at meets and practice. Dedication, sportsmanship and the effort they give are important to being a successful swimmer and team member!

### *FUN*

We have a lot of fun ahead of us this season and getting involved as a parent volunteer is the best way!

## **FINANCES**

Swim Team Fee

- 1<sup>st</sup> child: \$100
- 2<sup>nd</sup> child: \$90
- Additional Children: \$80

These fees cover the coaches' salaries, insurance, practices five days a week, and a swim cap. Additionally, each swimmer is required to be a current recreation center member.

***The swim team fee is payable as a lump sum, or in two installments due the day of registration and last payment on the first day of practice. There are no refunds from this program.***

## **PARENT INVOLVEMENT**

The success of our team depends upon the support and active involvement of all parents.

***In order for meets to run smoothly... AT LEAST ONE PARENT FROM EACH FAMILY IS REQUIRED TO WORK AT EACH HOME AND AWAY MEET A SWIMMER ENTERS.***

There will be sign up sheets for you to see where your talents can shine! There are many opportunities for parents at home and away meets.

The positions/activities and brief descriptions are as follows:

### Timers

A timer is present at the end of each lane. They will use a stopwatch to time each swimmer in his or her lane for each race. The team will supply stopwatches.

### Clerk of Course

This person has the hat slips in their possession. They will be in a designated area and responsible for passing out lane slips to the swimmers before the race.

### 8 & Under Helpers

You will be responsible for getting the younger swimmers to their appropriate starting block.

### Starters/Officials/Stroke Judges

A minimum of 4 parents/2 officials are required to attend a certification meeting. Training is required and will be provided.

### Runners

You will be picking up each slip from the timers after the race and taking them to the scorekeeper

### Ribbon Writers

Assist in putting the preprinted labels on the ribbon. Each ribbon has the swimmers name on it.

## **COMMUNICATION**

We will be sending out e-mails/ flyers regularly to keep parents informed of what is going on with the team. Please be sure to keep your contact information updated!

## **TEAM SUITS**

Swimwear is an additional fee. Kast-A-Way Swimwear is the official supplier of team suits. They will be having a fitting session during our parent information meeting on: Saturday, April 30<sup>th</sup> at 4PM.

## **PRACTICE SCHEDULE**

Evenings: May 24<sup>th</sup>-June 2<sup>nd</sup>: Tuesday, Wednesday, & Thursday ONLY 5:30PM-6:30PM All Ages

Mornings: June 6<sup>th</sup>-July 22<sup>nd</sup>: Monday-Friday

8:15AM - 9:30AM Ages 11& Up

9:15AM - 10:30AM Ages 5-10 yrs.

Swimmers must attend a minimum of 3 practices per week. The more you practice the better you become.

**2011 SUMMER SWIM SEASON SCHEDULE**

6/9/11 Blue Ash vs. Mason (Home Meet)  
6/16/11 Blue Ash vs. Wetherington (Home Meet)  
6/21/11 Blue Ash @ Fairfield City  
6/30/11 Blue Ash @ Montgomery  
7/7/11 Blue Ash vs. Dutchland Woods (Home Meet)  
7/14/11 Blue Ash vs. Five Seasons (Home Meet)  
7/22 & 7/23/11 League Championship Meet @ Miami University (Friday & Saturday)

**HOME MEETS are in BOLD**

Home teams warm up's are from 5:00pm to 5:30pm  
Away teams warm up's are from 5:30pm to 6:00pm  
Heats start at 6:15 pm

Directions to all meets can be found at the Tri-county Leagues website: [www.tricountyswim.org](http://www.tricountyswim.org)

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**SWIM MEET INTENTIONS**

This is used as your "intention" only to give coaches a guideline when putting together lineups for meets. Please fill out and detach for the Coach.

Name of Swimmer \_\_\_\_\_  
(Please complete one form for each swimmer)

PLEASE LIST MEETS YOU WILL **NOT** BE ATTENDING:

DATE	MEET	HOME/AWAY
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**PARENTS' CODE OF ETHICS  
FOR THE TRI-COUNTY SWIM LEAGUE**

**TO PROMOTE BETTER SPORTSMANSHIP:**

1. I will not force my child to participate in swimming.
2. I will remember that my child swims for his/her enjoyment, not mine.
3. I will place the emotional and physical well being of my child ahead of a personal desire to win.
4. I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of an event.
5. I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
6. I will never harass, ridicule, or yell at my child, his/her teammates, or opponents for any reason or for making mistakes or losing a competition.
7. I will remember that children learn best by example. I will applaud good performances by my child, his/her teammates, and their opponents.
8. I will never question or approach an official on any call. All questions are to be directed to the meet referee **BY THE COACH**.
9. I will respect and show appreciation for the many volunteers who give their time to provide sport opportunities for my child, understanding that I have a responsibility to be a part of my child's development.
10. I will get involved with my child's team in a positive way.
11. I will refrain from drinking alcohol and from using tobacco products within the swimming venue.
12. I hereby pledge to provide positive support, care, and encouragement for my child(ren) participating in competitive swimming by following this Parents' Code of Ethics Pledge.



**TRI-COUNTY SWIM LEAGUE  
PARENTS' CODE OF ETHICS**

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Signed

Date